



Dr. Prabash Prabhakaran

A-15,  
Alaka palazzo,  
PH Road,  
Kattupakkam,  
Chennai, 600056.

9600033762

prabashnair@gmail.com

[www.neurologist.net.in](http://www.neurologist.net.in)

[www.sparshamfoundation.org](http://www.sparshamfoundation.org)

Date of birth - 18/11/1980

## EDUCATION

- DM (Neurology), August 2012- Sri Ramachandra University, Chennai.
- MD (General Med.), April 2008- Annamalai University, Chidambaram.
- MBBS, February 2005- Annamalai University, Chidambaram.
- Tamilnadu Medical Council Registration Number- 76123.

- IAN member since 2012
- Subsection member for more than 5 years
- Area of interest in Neurology- niche area -Stroke, Stroke rehabilitation, Vestibular Medicine (Neuro-Otology - Balance Disorders & Vertigo).
- Why do I want to become the chairperson Of stroke subsection-

I am applying for the position of Stroke Subsection Chairperson because I am deeply committed to advancing stroke care, education, and research. Stroke remains a leading cause of disability and death globally, and I believe that through collaborative leadership and innovation, we can significantly improve patient outcomes.

My interest in this role stems from both clinical and academic experiences. I have seen firsthand the critical importance of timely, evidence-based interventions in stroke management, and I am passionate about fostering multidisciplinary collaboration to optimize care. I am also motivated by the opportunity to contribute to national and international stroke initiatives, mentor early-career professionals, and help shape policy and guidelines that reflect the latest scientific advancements.

As Chairperson, I would aim to promote knowledge exchange, support high-quality research, and facilitate educational opportunities that empower our

members to lead in their respective areas. I am excited about the potential to work with like-minded colleagues to drive meaningful change in stroke prevention, treatment, and recovery.

## **PROFESSIONAL EXPERIENCE**

- Director & Senior Consultant - Neurology, SIMS Hospital, Vadapalani, Chennai - since June 2 2025
- Former - HOD & Senior Consultant - Neurology, Program Incharge - Institute of Vertigo & Balance, Centre for Advanced Stroke Care & Stroke Rehabilitation, Apollo Speciality Hospitals, Vanagaram, Chennai. (11/7/2016) To May 2025.
- Former - Senior Consultant - Neurology, Apollo One, Greaves road Chennai. (Feb 2024) To May 2025
- Former - Consultant in Neurology, Apollo Hospitals, Greaves Lane, Off Greaves road, Chennai. (July 2016 To present). Also part of the Neurology DNB post graduate Teaching.
- Former Assistant Professor, Department of Neurology, Sri Ramachandra University, Porur, Chennai. (4-10-2012 To 20-6-2016).
- Former Associate consultant, Department of Neurology, Sri Ramachandra Medical Centre, Porur, Chennai.
- Visiting Consultant Neurologist

-KM Speciality Hospital, KK Nagar, Chennai. (June 2013 to present)

-Rakshith Hospital, Valasaravakkam, Chennai. (2014 to 2023)

- MMS Hospital, Iyyappanthangal, Chennai (2023 to 2024)

- Visiting Consultant Neurologist (Once a month Visit)

-Rajam Nursing Home, Tiruvannamalai. (May 2013 to present)

-Apollo Information Centre, Ambur (April 2017 to 2022)

-Apollo Information Centre, Vellore (July 2017 to 2022)

-Sampath Hospital, Kattumannarkoil. (April 2015 to November 2017)

-Sona Hospital, Chidambaram. (September 2015 to October 2017)

-Krishna Hospital, Mayiladuthurai. (December 2015 to October 2017)

-MDP Clinic, Vriddhachalam. (November 2016 to October 2017)

-Apollo Information Centre, Neyveli (October 2016 to October 2017)

-Sri Narayani Hospital & Research Centre, Sripuram. (August 2017 to May 2018)

- SDMH, Sullurpet
  - SHAR hospital, shriharikota
  - Peacock hospitals, Thiruthani (from April 2019)
  - Apollo Information Centre, chittoor.
  - Apollo Information centre, Siliguri (from November 2022)
- **Clinic** September 2014 to November 2019 - Neuron Clinic & Dizzy Cure Clinic).
  - Since December 2019- Creon Clinic,  
Near Saravana Stores,  
#180/84, Trunk Road, Porur, Chennai.  
Thula - Subsidiary of Creon clinic - with exclusive focus on vertigo & balance disorders.

## **SPECIALIST TRAINING**

**Trained at Dizziness & Balance Centre - Aalborg University, Denmark. Apollo international fellowship Award for training in Vertigo and Balance disorders. August 2024.**

## **PROFESSIONAL ACTIVITIES**

## **Faculty / Speaker -**

- **Speaker @ Skeepcon 2025, GRT Ceremonies, chennai, June 20-21, 2025**
- **Speaker @ TANCON 2025, Tiruvannamalai, June 2025**
- **Speaker @ NEO Submit, Taj Coramandel, chennai, April 2025**
- **Speaker @ IFNR 2025, CMC Ludhiana, April 2025**
- **Speaker @ Pearls in clinical Neurology, Nellore, December 2024. .**
- **Speaker @ Chennai Vertigo Submit, Taj Coramandel, chennai, December 2024**
- **Panel discussion @ ProHealth Physicians conclave, Raddison Blu, Chennai - Sep 2024**
- **Quiz Master @ TANCON 2024 Yelagiri**
- **Quiz master @ INSC chennai 2023.**
- **Speaker - ProSleep 2024. Chennai**
- **Invited Speaker- Neuro-otology session. Headache and vertigo. @ IANCON 2023**
- **Quiz master - INSC 23. Indian national stroke conference. March 2023.**
- **Peripheral Vestibulopathy. CME at Apollo Vanagaram Clinic Society meeting. March 2023**
- **Neurological Evaluation of Vertigo. Vertigo Summit at Apollo Vanagaram.**

- SHINE 2021; Invited Speaker for the Annual Post graduate training programme, conducted by Department of Neurology, MMC, Dec 2021, Chennai
- SHINE 2020; Invited Speaker for the Annual Post graduate training programme, conducted by Department of Neurology, MMC, Feb 2020, Chennai
- SHINE 2019; Invited Speaker for the Annual Post graduate training programme, conducted by Department of Neurology, MMC, Chennai
- TANIC 2019, 3/2/2019. Raddison, Salem.
- TANCON -2018, Coutralam,
- Thillai Neurocon 2018, Chidambaram,
- SHINE-2018, Invited Speaker for the Annual Post graduate training programme, conducted by Department of Neurology, MMC, Feb 2018, Chennai
- Invited speaker in e-TIE (Trends in Epilepsy), 12 th November, 2017. Bengaluru.
- The Gut-Brain Connection, 30/7/2017, Taj Coramandel, Chennai.
- SHINE-2017, Invited Speaker for the Annual Post graduate training programme, conducted by Department of Neurology, MMC, March-2017, Chennai.
- Conducted Stroke awareness programs in various MNC's, Neighborhood communities, Professional Associations, Training Institutes.



- Speaker in the weekly teaching program for DNB post graduate students, conducted by Department of Neurosurgery, Apollo speciality Hospitals, Vanagaram, Chennai.
- Conducting Training programs for Staff Nurses in Apollo Speciality Hospitals, Vanagaram, Chennai.
- SHINE-2016, Annual Post graduate training programme, conducted by Department of Neurology, MMC, February-2016, Chennai.
- Newer updates in Neurology, Hotel Savera, Chennai. December 2015 & April 2016.
- Ist International conference on Clinical Neurology (ICCN) 2015, Chennai
- Back to Basics in Neurology (B2B) 2013 & 2014.
- NEUROEDGE-July 2013, Chennai.
- TANCON-2012, Tanjavur.
- IMA meetings in Tiruvannamalai, Kattumannarkoil, Mayiladuthurai, Poonamalle, Gudiyatham, Perambur, Porur, Villivakkam-Ayanavaram, Tiruthani, Arakkonam, Marthandam, Karaikal, Puducherry.
- Talks in Lions club (Kanchipuram, Vellore, Ranipet, Ambur, Pallikonda) and Rotary Club (Kovilpatti, Tirunelveli, Nagercoil, Virudhunagar)
- Addressed General public in washermanpet, north chennai as per the request of Late Dr.Jayachandean on Stroke prevention.



- Facebook live session on Stroke management
- Awareness talks and discussions on Stroke, Headache, Epilepsy, Demetria in TV shows and FM radio channels.
- Presented scientific papers, case reports, case presentations, poster presentations - in various CME programs and conferences. .

### **Chairperson -**

- TANCON 2024 Yelagiri
- IANCON 2022; Delhi; Invited as Chairperson for Vertigo and Dizziness subsection meeting.
- Session on movement disorders; SHINE-2014- Annual Post graduate of training programme, conducted by Department of Neurology, MMC, Chennai.
- First MDSI Conference, Chennai. 2016.
- SWONS- Skills Workshop in Neuro-endovascular Surgery, 9 th December, 2017, Chennai.

### **PROFESSIONAL ACHIEVEMENTS**

- **Organizing Secretary, upcoming ProSLEEP2025; December 2025, Chennai**

- **Organizing Secretary upcoming , TRV chair & Vestibular testing workshop, August 2025, Chennai**
- **Organizing chairman upcoming , Comprehensive Neuro Rehab Summit, February 2026, Chennai**
- **Organizing Secretary- Tamilnadu Association of Neurology annual conference- TANCON 2025 @ Tiruvannamalai 12/14/15 June 2025.**
- **Organizing chairman & Co-Program Director, NEO Summit, 26/27 April 2025, Taj Coramandel, Chennai**
- **Organizing chairman & Co-Program Director, Chennai Vertigo Summit, December 2024, Taj Coramandel, Chennai**
- **Dance4balance & Pedal4balance- two awareness raising events on vertigo and balance disorders- December 2024**
- **Launched Integrated Neuro-ENT vertigo and balance clinic @ Apollo one, Greaves road. Chennai. December 2024**
- **StrikeOutStroke - 4.5 hour walkathon in Chennai chennai to highlight the importance of thrombolysis window period in stroke - 27/10/24**
- **StrikeOutStroke - Cricket match @ Apollo Vanagaram nursing college ground. To raise awareness on Stroke among Staffs.**
- **StrikeOutStroke - Awareness raising event for stroke. 6 hour bike ride to Karaikal from chennai to highlight**

the importance of thrombectomy window period in stroke followed by a stroke talk at Vinayaka mission medical college - Karaikal. 24/10/24

- **World Stroke Day - Cricket Mania: Cricket match involving Neurologists in Chennai. 24/9/2024. Indoor pitch at Velachery followed by group discussion on Stroke.**
- **Organizing Secretary- ProSleep 2024, March, Hotel Feathers, Chennai**
- **Under the banner of CSK (Chennai Stroke Kalaidoscope - regularly conducts 9 minute colloquy - short 9 minute talks from experts connected to stroke from various specialities.**
- **Invited National faculty in the premier - Indian Academy of Neurology conference for past 2 yrs (2022- Newdelhi, Chairperson; 2023 - Madurai, Speaker) - in the field of Vestibular Medicine / Neuro-Otology**
- **Recipient of Apollo international fellowship Award for training in “vertigo and Balance disorders”**
- **Original Research Article - Treatment of benign positional paroxysmal vertigo in clinical settings in India: a cross sectional pilot survey. Sreeram P., Prabash Prabhakaran; International Journal of Advances in Medicine; Sreeram P et al. Int J Adv Med. 2022 Sep;9(9):xxx-xxx; DOI: <https://dx.doi.org/10.18203/2349-3933.ijam20222085>.**

- Launched Apollo Sleep Health centre @ Apollo Speciality Hospitals, Vanagaram Chennai in partnership with Pulmonology and ENT. First such integrated centre for sleep health in Nov 2022.
- Launched Integrated Vertigo & Balance Clinic @ Apollo Speciality Hospitals, Vanagaram Chennai in partnership with ENT. First such centre in India offering integrated management of vertigo and balance disorders. It includes a well equipped Balance lab, Vestibular Rehabilitation centre (supported by NeuroEquilibrium)- since August 2021.
- Chief Editor, TAN Reviews. Book published as part of the TANCON 2021, Chennai.
- Launched level 4 Comprehensive Epilepsy Care Centre @ Apollo Vanagaram in July 2021. Part of the center is - state of the art Epilepsy monitoring unit.
- Did cross Tamilnadu 2000km Stroke awareness motorcycle rally to raise awareness about extended time window for thrombectomy procedure in Stroke. Dec 12-15. Chennai to Kanyakumari. 5 IMA CMEs, 50 mass contact programs were part of the series of programs.
- Started “Stroke support group” in Apollo Vanagaram. Conducted its first meeting in Dec 2018.
- Launched Stroke ward in Apollo Speciality Hospitals, Vanagaram, Chennai.

- Conceptualized & Launched - (Stroke) Emergency Hotline - “ApolloNeighbourhoodConnect” connecting the Neighborhood localities to our hospital ER, in Apollo Speciality hospitals, Vanagaram, Chennai.
- Conceptualized, Designed & Launched - The worlds first Stroke Hotline App- “Strokeline”, on 6/11/17, in Apollo Speciality hospitals, Vanagaram, Chennai. Available on AppStore, Playstore.
- Authored a Chapter in the Monograph “Vertigo and Syncope”. First Edition. 2017. Chapter 7- Medical Therapeutics and Rehabilitation in Vertigo. ISBN:978-93-86261-30-4
- Co-Author- Migrainous Infarction: A case report. Geetha P, Prabash PR. Migrainous infarction: A case report. TNOA J Ophthalmic Sci Res 2017;55:148-9.
- Author- Perioral Dyskinesias. Dr.P.R.Prabash, Dr. Philo Hazeena.P., Journal of Oral and Maxillofacial Surgery, Volume 10, August 2017.
- Co-Author- Fast micrographia: An unusual but distinctive sign. Ann Indian Acad Neurol. 2013 Apr-Jun; 16(2): 172–173.doi: 10.4103/0972-2327.112459, Umaiorubahan Meenakshisundaram, C. U. Velmurugendran, and P. R. Prabash.
- Part of the Organizing committee, for the prestigious IANCON-2017, September 6th - 10th, the 25th Annual Conference of the Indian Academy of Neurology, ITC Grand Chola, Chennai.

## **PROFESSIONAL AFFILIATIONS**

- Tamilnadu & Pondicherry Association of Neurologists (TAN)
- Indian Stroke Association (ISA)
- Movement disorder society of India (MDSI)
- Movement disorders Society
- Indian Academy of Neurology (IAN)
- Indian Medical Association (IMA)
- American Academy of Neurology (AAN)
- Kerala Association of Neurology
- Society of Neurosonology
- Indian Epilepsy Society

## **SPARSHAM**

An NGO / Charitable trust founded by Dr Prabash & Dr Revathy. Focuses on care for people with Neurological and ENT disorders especially elderly and people with restricted mobility. The activities of the foundation are spread over 9 verticals.

1. Yazh - No cost medical consultation for the needy
2. Magizhnanthy - Elder care program
3. Mughizhnagai - care for people with restricted mobility

4. Semparuthi - Neuro Rehabilitation services & Fall prevention
5. Oli Alai - Care for hearing
6. Petrichor- innovative Awareness raising events
7. Idazh - eMagazine
8. Karla Kazadara - Knowledge Sharing Platform
9. Chimizh - Charity Food Sharing

## **SKILLS AND INTERESTS**

Language skills- Fluent in Tamil, Malayalam, English.  
Can communicate in Hindi.

Area of interest in Neurology- niche area -Stroke, Stroke rehabilitation, Vestibular Medicine (Neuro-Otology - Balance Disorders & Vertigo). Specialized areas - Sleep Health,, Restorative Neuroscience (Neuro-Rehabilitation). Other interests- Headache, Neuro-Ophthalmology (Especially Eye Movement Disorders), Movement Disorders including Parkinson's Disease, Transcranial Doppler; Botulinum Toxin administration for complex movement disorders, Headaches.

Developing Apps (Related to Neurology).

An Avid Sports person.

Doctor, Neurophysician, Vertigo & Balance Specialist, Team builder, Leader, Mentor, Passionate teacher, Speaker, Travel & Trekking, Motorcycle & Cycling enthusiast, Runner, Cricketer, Swimmer, An Avid



Sports person, Shutter Bug, Innovator, Actor, Director, Cinematographer, Space enthusiast, Designer, Creative head, Music producer & Independent music entrepreneur.

Co-founder, Director, Creon Clinic.

Founder Trustee, CEO, Sparsham Foundation.

Co-founder, Chennai Stroke Kalaidoscope

Co-founder, Member, Cricket Collective, Alaka Riders.

Founder, Creative lead of the YouTube channel -

Revathy Prabash. Conceptualized & Produced, 14 music video albums.